79. Sport

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London Olympics 2012

The group discusses the global upliftment from the games. (6/8/12)

George: Could mention something very topical: Salumet, have you been watching the Olympic Games, or are you aware of the Olympic Games?

I thank you for your question, but I have to tell you, my dear friends, that there has been much for me to do other than watching your Earthly games. (Chuckles)

So, my answer to your question is: I am aware of them of course, but not as you would imagine.

<u>George:</u> Thank you. It occurred to me that a number of people who are doing particularly well, especially in the shorter races, are the ones that originated from the terrible slave-trading days and are black or mixed-race people now living in the West. And it just occurred to me that perhaps there's a spiritual connection with ancestors watching over as well as a genetic factor which helps them in their efforts. Any comment on that?

Indeed—I would say my dear friend, that you are over-activated! I would say to you: of course, all of your forefathers are keen to watch over each and every one of you. But to simplify your question, I have told you—what is the most powerful thing that you possess?

George: Thought.

Thought—that mind which belongs to spirit gives you that force that is to be reckoned with, besides the general ability of these people. Many more people could be, as you would say—'champions' of this world, if they would so put their minds to it. So I would suggest that you dwell upon that thought (yes). Yes.

<u>Lilian:</u> I remember you saying once how much better it would be to feed the hungry, with all the money that is spent on these games—we are not ready I guess—

Yes, that is—of course, you live a physical life, and of course these things are given to you in a sense, in order that you *find* yourself—that inner self. But, from spirit point of view, there are many people in your world in dire need (yes) and they must not be forgotten.

<u>George:</u> Yes—better not to waste the funding on warfare and games, better to help those in dire need. I think that is your—

Yes, but as I have always said to you, especially at celebration times in your world—that people come together—that the positive energy that is created, and which is being created at this time, with what you call 'games', is something positive (yes), so you know you must not decry it as being totally wrong. There always has to be a balance whilst you live in this world.

George: Yes, well thank you for your words on that Salumet.

<u>Sarah</u>: I think that's definitely right that there's been upliftment with these games—I feel uplifted by them. We were beginning to get quite low with all the problems with the banks and what have you and you begin to think that some people are getting too greedy or whatever and this is just generally an *effort thing* which is uplifting people. They're spending money on it, but equally they're spending a lot of money on sending people/machines to Mars to check on whether there might be life on Mars and we think: how many mouths all that money, sending that machine up there, might have fed?

You must remember that there is always good as well as bad. You must always try, my dear friends, to find the balance in ALL things. And I believe, when we spoke before I suggested that there would be some good come from those travels (yes) and indeed there have been many medical positive happenings from those visits. So, you know, you must be careful, my dear friends, to always look and find and of course never to judge (no).