

7. Ancient civilisations

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Stonehenge and the great stone circles

Stonehenge and the other stone circles are one of the great wonders of the world, and yet, so little is known about them. Salumet gives a little away this time but much more in later teachings. (11/7/94)

George: Some of us have a fascination for the great stone circles of our country, like Stonehenge and Avebury, **(Yes)** which were built perhaps 6000 years ago, in our time. They may have energy connections, they may have communication connections, we don't really know. Is there anything that you can tell us about the stone circles?

Yes, I understand. Yes, first let me say, there have in past times, been groups of people, with extended knowledge far beyond your own comprehension. We can devote more time on another occasion to that. But first, picture these people with that extended knowledge, of energy patterns, of all kinds of vibrational energies, on your Earth plane. You are quite correct to say it has to do with energy. It also was a form of worship. Each and every group of people, have worshipped in their own individual way. The stone circles were erected for this very reason, many, many thousands of years ago. I hope I can bring one of those people one day to speak to you.

Naturally the group was excited at this prospect!

Atlantis

Mankind has a fascination with this ancient civilisation even though the details are now confined to legend and myth with little tangible evidence other than the stones themselves. Fortunately, Salumet was happy to shed a little light on this advanced culture, its eventual demise and the reasons why this happened. In fact, the story of Atlantis should be a cautionary tale as we are once again finding ourselves on a path of greed and materialism. George asks the first question which reveals that Atlantis was just one of many civilisations that have existed then been destroyed in the distant past. (8/8/94)

George: There is some evidence that there was an Atlantis, an Atlantean continent, where the Atlantic Ocean is now. There is evidence that it had a civilisation, that it submerged and that the last island submerged some 12,000 years ago. Would you be able to confirm any of this? If so, would those people in spirit realm influence us today?

Let me say I am aware of the story of Atlantis, and I must say to you, there have been many changes on your Earth, going back many, *many* thousands of years. More than one island has sunk in the time of the Earth's existence. Many people have come, lived on this Earth, and disappeared as, too, have the animals at different stages of evolution. Yes, there *was* an island, with a people with much knowledge. Yes, they *would* influence people, but no more than any other, once they have joined us in the spirit realms. You are speaking, only of *one* race of people—let me say to you, there have been many. They were not an exceptional, people. Does that answer your question?

George: Thank you, yes. My further thought was they may have excelled at working with stone, and possibly left wonderful stonework, in other parts of the world.

There are many areas in your world today, which are largely still undiscovered. I do not come here to tell you where these places are—that is up to mankind to discover. I am not here to interfere with the working of the world. But let me say this: There have been many races, who have trodden your Earth, who have had superior knowledge in many aspects, on different things, not only stonework, but on precious gems—on *many* things. But one day, these places will be discovered. Is that useful to you?

George: Yes, thank you very much!

On 19/8/96 George asks for more information about ancient civilisations. Reference is made to foolishness where a few gained great knowledge but allowed themselves to be revered as gods.

George: Yes, I wonder if I could ask some more details about what happens at the close of one of the Earth's great civilisations, taking perhaps Atlantis as an example. The picture that I have in my mind, is that many souls will continue their progression elsewhere, some will reincarnate in new civilisations on Earth, some beings may survive the deluge or whatever, and retain their superior knowledge and others might regard them as gods, so that what myth and legend we have today, may have arisen from that source. If I'm wrong in that picture, would you please correct me?

Firstly, let me say this, I have told you that many civilisations have been upon this earthly plane. Many have become extinct, because of their own foolishness. Also, I have told you, that all souls have more than one aspect to them. In answering this question, you must

remember this. When you talk of souls retaining their great knowledge and being revered for that knowledge, being classified as gods by many, this indeed happens, but it should not. There is only *one* Great Creative Force, there is only *one* Source of Knowledge, there is only *one* form of Love and goodness, and all others who have trodden, whether they retain much earthly knowledge or not, does not matter. All of these earthly events and happenings are lost in the greater scheme of things. So, what you want me to tell you dear friend, really does not matter too much, because you see, all souls who return to the spirit world, take with them their knowledge, however great or small, to join with that Great Creative Force of knowledge, for better and higher things in the world of spirit. You understand? (*Yes.*) I do not mean to say that these civilisations which have existed upon your Earth, matter not. Of course, all of your Earth's history has created what you have today, or at least *some* of it has. But each stage of development upon your Earth, is not what is important. Knowledge is only worth retaining, if it is spiritual knowledge. You understand? (*Yes—*) Of course there are those peoples, who have trodden this Earth, who would influence others. You know all of this, I do not wish to retrace what I have spoken about before. But you should be thinking dear friend, on the knowledge which you have gained, which those of you around you, have gained and in what way can you further your soul's growth; because after all, each individual here upon this earthly plane, returns *home* and contributes to the whole aspect of themselves. You are but a splinter in a piece of wood, you understand?

George: Yes, that does clarify greatly, thank you very much.

Too much is placed I think, upon your history of past events. We have said, what is past is the future, the present and the past, all as *One*. So, you should not distinguish one from another. I hope this helps you.

George: Yes, it does, thank you.

More information about Atlantis (3/10/05)

George: Forgive me for asking another question about the past, but it does have connections and I wanted to check material, which comes from a particular source. I have heard that in the days of Atlantis there were four brotherhoods, and those four brotherhoods had connections to the four elements and the *elementals* within those elements; such that the brotherhood relating the water element were very good at looking at problems of 'emotion' in humans, and the brotherhood that related to the air element, they were very good at examining problems of 'mind', and correcting them and so forth. Would you be able to confirm if there were four such brotherhoods?

Let me say this to you my dear friend: much has been spoken about Atlantis. Yes, it did exist, yes there have been many things spoken, but I will simplify this for you. Indeed, there were many *brotherhoods* as you call them upon this Atlantis. If you look to your astrological processes of today, you will find similarities. They also speak of Earth, fire, water, air, which are connected in the same way as you have mentioned. Water and air, and yes, I will confirm that there were brotherhoods who dealt mainly with these things. But look to astrology and the *source of astrology* and you will *find* that there are many comparisons to both. I hope that will be helpful.

George: Thank you, yes, that is another thought for me. Yes, I know this lady whose Atlantean high priest still visits her, while she's in this life. **(Yes.)** I just felt I needed to check that piece of information.

Yes, they had much knowledge at that time, but I have to say there was a lot of abuse of their knowledge.

George: Yes, thank you very much for your answer, that does help enormously.

Sarah: And the 'abuse of the knowledge'—you said that great civilizations, because they have abused their knowledge and power, that is why they have fallen. Maybe that was the same with Atlantis.

Yes, and of course evolution played a great part in the downfall of Atlantis.

George: The Earthly evolution?

Yes, it is a much wider picture than is usually painted, but there was abuse of their knowledge also. I hope that is helpful to you.

George: Yes indeed. It surprises me sometimes how much interest there is in that particular civilization, and how much controversy there is, **(Yes.)** with scientists who dispute the Earthly evolution factor and in terms of—they would expect to see more evidence on the ocean floor of the upheavals.

As I have told you in time past, that your oceans have yet to produce much, which has until now never been discovered, but that time will come. It will present itself for all to see. Your oceans on this planet at this present time—little is known about the far depths of the planet.

George: And as you have said several times, the timing for these revelations has to be correct.

Yes, it would be simple to say 'why, what, where', but as you have said, those people who are credited with knowledge, are sometimes the last to know and understand. (Yes.) Now my dear friends for this time I will leave you once more with all of my love and I ask that you sit quietly and allow anyone who wishes to come, to come to you in peace and in love, and I will leave you with our dear lady friend. (Lilian—thanks and farewells)

George's notes: Matter density: What constitutes matter of course, is: molecules, atoms and sub-atomic particles. It all becomes less dense as spirituality comes to the fore. And it is clear from our other communications that this confers a bias on properties of liquids, metals etc. So, one cannot assume that 'chemistry' is constant on all planets of the universe.

Atlantean brotherhoods: In fact, we had mentioned Vincenta before to Salumet (3rd Nov 2003) and had been told that there is good purpose in our communication. (Perhaps I was checking a detail prior to later publication of some facts on Atlantis and their connection with the Salumet teaching.) Anyway, it is always good to find agreeing cross-reference between sources, especially such sources as Salumet, Bonniol on Planet Aerah, a lady who 'receives' from an Atlantean High Priest, one from an extinct tribe in South America who were enslaved by the Incas (more on that next time) etc. How diverse can one get?

George asks about the crystal skulls of Atlantis. Their existence is confirmed. (23/11/15)

George: We have spoken Salumet, about the 'crystal skulls'. I have recently received information indicating that they originated in Atlantis **(yes)**, and I just wondered if you are able to confirm that—

I have no doubts about confirming that that is so (thank you)—none whatsoever.

George: Oh, that's very nice to have that.

Yes, there has been so much spoken about these things, and again I have to tell you that as Earth beings, you do like to complicate matters.

(Chuckles)

But yes, I can assure you, my dear friend, that it is so.

George: That's very nice to know.

The Nazca Lines

Their purpose is far more amazing than could be imagined, with great masters of extended knowledge visiting the planet. But it also tells a story of tragedy when these people became too egotistical. Currently, mankind is heading the same way with materialism. (10/10/94)

George: Could I ask about the Nazca plateau in South America, which is a large, flat region, where there are huge lines running across it, and huge pictures, which can only really be seen from high in the atmosphere. We feel that may relate to a previous, older civilisation, or to extra-terrestrial beings. Can you tell us anything about that region?

Let me speak on that:

I have said before, there have been civilisations upon this Earth, who have had superior knowledge, far superior to that which you have now.

The lines on the plateau that you speak of, were in fact *directional lines* for those people who travelled in space. I think I have spoken before that there were travellers *from* this Earth, because of their extended knowledge. This also applies—it did not happen in just one area of your Earth, but in many. Particularly, we have spoken of the Egyptians, the South Americans, all over. And I too can say, around your North Pole area, there was a civilisation with much, much knowledge. And *still* there is yet to be discovered the ruins of that civilisation. It was a directional point, if you like, for space travellers to home onto. Is that helpful?

George: Thank you. Can you say if the space travellers were from Earth, or from elsewhere, or both?

I have said, they were of this Earth.

George: Thank you.

Mark: Was there civilisation on Mars?

I don't believe there has been—(Pause)

I'm sorry—it's gone very quiet again. (Chuckles)

Les: I was just thinking about the travellers and how to put the question to you, actually. You say the travellers who used those directional signs were from this Earth?

Some, yes.

Les: Some? Those who were, then, have they been integrated into civilisations here, or have they migrated to other planets?

I have said before, there has been no intermingling of people on the Earth and of space travellers—that has not happened. People who travelled—you have to remember, we speak of a long time ago, when knowledge was so great. I have to say, you people on the Earth now, have really gone back to, how will I say, times of 'babyhood,' in your growth.

You have gone backwards, instead of forwards. It *has* been such that these peoples have been 'wiped out,' I think you say, because of many things—because of Earth tragedies, because of nature herself, because of what you call 'progress,' which many thought was the way forward and was, in fact, the way down.

Les: So, in part, they were destroyed by persecution?

They destroyed themselves, partly, partly by nature, partly because they became too egotistical in their outlooks. I would say mainly they destroyed themselves.

Les: Thank you. So, you are now gathering to try and prevent a similar happening, then?

You are heading towards a similar disaster. That is why we have gathered, so that this cannot and will not happen. It will not happen. It cannot be allowed to happen this time.

Les: Thank you for that. We can never thank you enough for what you are doing, of course.

Many times, throughout your history, we have gathered, we have tried to impart our knowledge to you, which mainly has been rejected. This time, it has been decided that the force of the gathering, must be so, that you cannot turn backwards.

Les: And you have the advantage that many people on Earth nowadays, are much more willing to listen to outside influences, and be controlled to some extent, by their knowledge of outside influences, though they will not often admit it tacitly, yet they are aware of it, through their own 'inner men.'

That is true. We see that people now are prepared to listen, *listen* to that influence that is imparted to them, although they are loath rather to speak about it. But slowly, slowly we are gaining momentum.

Les: That's certainly very encouraging for us to know. Any other questions for Salumet?

Brent: Yes. You seem constantly to be repeating to us, that we are in a long, steady state of decline. Most of us feel that in many senses, society is improving. I find it very difficult to understand how, for example, there is this original knowledge, which was lost, and where that knowledge must have come from. And why it is that we lack this original knowledge. I would be willing to say, I think all of us find it very difficult to understand where the source of this original knowledge arose. Why we ought to be in such a state of depravity, from the point of view of knowledge?

Yes. When man came, when man originated, he started off with very little knowledge. But always on your Earth plane, there have been, I would like to say, 'Masters of knowledge.' They are people who have come to this Earth plane, not as simple people, but as people with already extended knowledge, if you like. Originally, some of the people (that) settled here, came from another time. We are beginning to go into difficult subjects, but I will try to say as plainly as possible, how this occurred. In earlier times, there have been people on this Earth plane, who have travelled through space. Let me say your Earth is very young, as far as the planets go. I think you would agree on that, would you not?

Brent: Yes, I'm sure.

I have said there are other places who hold, I don't want to say 'superior' beings, but beings with knowledge who far outshine your own. (*Voice more forceful*)

They were placed upon your Earth, to guide, to impart the knowledge they had already obtained. So, you see, although you had man, who knew very little, you had Masters of Knowledge too.

These are the people who inhabited those places that you find difficult now to recognise. It was nothing for them to travel in space. The object of their

lives here, was to teach, was to encourage, was to help mankind gain the knowledge that they already had.

So, you see, that was the beginning, but what happened was that these settlements became greedy, became egotistical, and wanted to outshine each other. So in the end what had to happen, was that they actually destroyed themselves with their own superior knowledge. In the same way that man *now* has gained sufficient knowledge, that he too, can destroy himself. I speak of your nuclear energy. They have the knowledge, they have been guided to use and they have *misused*. So, although you think you have gained in knowledge, you have in fact done the very same that those previous settlements of people had done also. The knowledge they had, became too great for them. They misused it and it was *taken* and they *lost* all that they had gained. That is why we have gathered, to prevent the same thing happening. You have been reaching a peak of knowledge. You had already started to travel in space. You were beginning to reach the point of extended knowledge, and I am sure if you spoke with your astronauts who have travelled in space, they could tell you much, much more than they have already divulged to the ordinary people on your Earth. So, you see, it is almost like something that is repeating itself and we cannot allow it to happen.

Brent: So, it's a question of having the spiritual maturity to be able to control what we have invented and learned.

Yes. The knowledge that is given to you, must be used for the well-being of *all* of the peoples of the Earth. Not for segregated communities, not for the people with the knowledge. Knowledge that is given to you is meant to be used for the *good* of the Earth. Man has increased his intellectual power, but that does *not* mean he has grown in his soul growth. In fact, very often it can mean the very opposite. Life should have progressed, when these people of knowledge lived on your Earth. It *should* have been the beginning, it should have been a paradise on Earth as you like to call it sometimes. But unfortunately, that did not happen, and I have to say once again, their own egos, power and greed, lost all of their knowledge, until they extinguished themselves. Is that helpful to you?

Brent: Yes, thank you.

Noah's Ark

Much has been asked about this fanciful, but rather delightful story. There never were any 'chosen people' as the stories would have us believe. (10/10/94)

George: Yes, thank you, I have several questions about past events. The Noah's Ark story may have a truthful source. And there does seem to be some evidence for a boat-shaped structure on Mount Judah in the Ararat range, which has had some investigation. Are you able to comment as to whether that actually is Noah's Ark, in that position?

At the time you are speaking of, there was indeed a—how can I say, a 'vessel' made. But if you are speaking of the story as a whole, then no, it is rather a figment of someone's imagination. The story comes from an older—how can I say, story, if you like, although there is an element of truth. There was indeed a vessel at that time, which for all intent and purposes, was called Noah's Ark. There has been found this vessel, I believe, the one

you are speaking of, which has been dated back to those times. When Jesus the Christ was alive, many stories circulated. When these things were re-written, many centuries afterward, how will I say—they were elaborated. Much was added and much was left out. So if you want to believe the story as a whole, then I say to you, that vessel is the one that it is intended to be. But the *whole* story of Noah's Ark, gathering the animals two by two, is rather a fairy tale.

George: Yes, thank you. That's a lovely explanation.

Les: Very useful for the toy-makers, that one—

But yes, there was a vessel around at the time, but it comes from an older, older version of another story.

George: Yes, I think there was another account of that story written in the epic of Gilgamesh?

Yes, it goes back much—Let me say to you, your Christian Bible holds many things, which have been put together; sections from here, there and everywhere. It made very good reading, I think. But as far as *truth* goes, you cannot accept it all. But, indeed, the vessel you speak of, is a genuine one.

George: Thank you.

Les: So that would mean then—that story does appear, I know, in a number of religious beliefs. (Yes) So it does indicate that there was at some time, a calamitous flood on the Earth. Is that so?

There have always been floods on your Earth. There have always been calamities. These stories have been taken to make one book, if you like. Not all are particularly true. You must be discerning in your reading. But yes, there was a flood at that time. Let me say this to you, when you read your Christian Bibles, look at the stories with a discerning eye, look beyond the written word, look for the '*TRUTH*'. I will try to help you in these things, if you so wish. I will try to tell you what is an absolute truth and what has been fiction.

Les: Thank you. That leads me to another question, if I might ask it. If a vessel was built, that would indicate that a certain number of people wished to survive that particular flood. Would that have any bearing on the fact that some believers are still convinced that they are the chosen few, to be salvaged as it were, when the end of the world occurs? We know it's absurd, but would that be the origin of the beliefs that such and such are the chosen few?

I am afraid to say that in many religions, all believe they are the chosen ones. Let me tell you here and now, there are *no such people*.

Les: No—

I must be firm on this point. (*Long breath*)

Les: No, I couldn't imagine it from what we have learned through our association with you and your colleagues, it was impossible that there would be 'chosen people,' as such.

That is the message behind the Noah's Ark story. What could be simpler? Save all the animals and individual people make their own choosing to be saved. It cannot be; it is nonsense.

Les: Yes, it is nonsense.

Unfortunately there are many who tread your Earth, who have this viewpoint, that *they* are the chosen ones. I have to say they will be rudely awakened when they come to our side of life.

Les: They do call at our doors still and try to convert us. And we find it very difficult to exercise for them, the love which you say we must exercise them, because they are so dogmatic—

Yes, yes, you must feel pity for them. They know no better.

Les: No, we do feel sorry for them actually, because, as you say, they are in for a rude awakening unfortunately.

It is coming to pass now, that people who read the Bible, and many other sources of different religions, are today absolutely more discerning in the way they think. That can only be good.

Les: Quite, yes it is. It's beginning to become apparent in our clergy.

King Arthur and the Knights of the Round Table

When asked to chisel out truth from fiction, Salumet declined, but reminded us of the importance of using the library of the mind to get our answers. It is not his purpose to unpick stories, but to give spiritual guidance and knowledge. (10/5/04)

Paul: Yes I did have a question. I was thinking that *legends* can be quite useful: They are something for lots of people to put their thoughts onto in a way and capture the imagination, in positive ways sometimes. One that captured my heart for many years was the King Arthur story. It's been embellished a lot over the centuries and in some ways that's helped in a way I guess—it's made it more colourful. I see it as one of those legends that's given people a lot of hope through a lot of dark centuries—they've had something to inspire them. **(Yes)** But I wondered if you could chisel out a little of the fact from the fiction.

Let me say this to you my dear friend. You are one who also thinks deeply on many things. Within your world from the time of its very existence to the present time, there have been many stories that mankind has taken to his heart. I am happy for your question and I do understand where you are leading to, but my purpose in coming to you my dear friends is not to take all of these things and give you more detail—this is a question you could find from the *library of the mind* if you so desired. But my purpose is to bring to you all that is true, not upon this planet, but in all matters spiritual. But what I will say to you is this: that any legends or stories, no matter how you name them, if it brings a purpose to the living of mankind, then so be it. Mankind has always *strived* to find fact from fiction—that is part of the human nature, and you, my dear friend, are no exception on that. I am sure if everyone within this room were to speak, they could find a tale or a legend or a story or some part of history, which brings them hope, which to them is an idealism for living.

(Agreed) So you see I could spend many eons of time in trying to separate fact from fiction. I gently say to you my dear friend, we will leave that to *you* to allow your brain to function and remain healthy. It is not something I wish to embark upon, you understand? **(Yes)** I know I have in times past clarified situations for you, but that is not my purpose.

George: Could I just add that part of the King Arthur legend is searching for the Holy Grail and I think that symbolises '*seeking*' **(Yes)** and part of your coming to us is to stimulate perhaps our seeking. **(Yes)** So there might be a symbolic connection there.

Yes, it does not harm mankind to seek the truth. Yes, all of these things—when the time is right, mankind will discover what is true and what is false. After all, can you all remember how long it took *man* to understand that he would not fall from this earthly planet when he sailed upon your seas? The information was not given straight away—mankind had to decide and seek for himself. (Agreed)

George: And get himself into all sorts of pickles on the way! (*Chuckles*)

Gobekli Tepe

George asks about a group of stones in Turkey, but the conversation soon broadens onto the construction and use of stones circles, pyramids and other ancient structures around the world. The subject of Stonehenge is taken further too. Salumet explains that whilst manual labour was used for many of these impressive structures, the people of the day were also given help by benevolent cosmic friends. Their purpose was partly in aiding space travel by the cosmic helpers, but also for worship by the peoples of that time. To them, the process seemed non-threatening and quite natural. In this day and age, there would probably be much fear about such an encounter. Salumet also reminds us that what has happened in the past is not as important as our progression into the future. We must look forward as that is where far greater spiritual truth will be found. (23/3/09)

George: Thank you! Yes, well I'm pleased you refrained from joining us last week, because during the course of this last week, we have learned of the stone circle in Turkey, known as Gobekli Tepe, and I suspect that is rather an important one. It was re-discovered for this civilisation in the year 1994; that date comes up again! It's an extensive set of circles that may have contributed to religion and myth, if I could describe it like that. So, if you are able to tell us anything further about Gobekli Tepe, I'm sure we would be most interested—or anything indeed, on the stone circles and their purpose and use.

I, my dear friend, am always amazed by you human beings; I am always amazed—I use that word lightly—at what you find so interesting in time gone by. But firstly, let me say this to you: mankind has always been inquisitive about the planet upon which he lives. We have discussed on many occasions, different topics that have interested you and I have always been pleased to answer any questions that you may have had. Firstly, let me gently remind you my dear friends, of my words, that much is still to be discovered—and those words came to you early in our acquaintance and I am sure that as time has continued, you have found those words to be true.

George: We have indeed.

Yes—when you speak of these 'great stones', as they are referred to by you good people, let me just remind you that the appearance of these many stones happened at a time before your known Christianity.

George: Yes.

Again, I will remind you how young that religion is in the table of time. Those people who were surviving at the time before Christianity were—how do I say without offence—many illiterate people, poor people, people who were easily swayed; people who were taken, in a great degree, into slavery—and I know you know that many souls were used in the

creation of these stones. I will tell you, my dear friends, that there are many more which will be unearthed and will become part of your history. I do not know if you remember my words that these stones throughout your world were helped (*re their construction*) by others, not only builders and slaves, but by those people who came to visit your planet, whose knowledge was much greater.

George: Yes, who were versed in spiritual methods, I believe.

Yes ... that of course is something which would be frowned upon, even in today's society, because that knowledge which is not understood by many, would just seem to be impossible. Of course, there are structures which were only man-built, but the larger, greater structures were done with help. Why all around your world are these stones appearing? Because, within many thousands of years of Earth history, mankind's religion was much more simplified. Many, many of these structures were offerings and used by the people in the hope that they would be blessed by the gods of their time. We have discussed how time was used with these stones in your own country, have we not?

George: Yes.

Because, remember many people worshipped the elements; they worshipped the sun, the moon, the wind, the earth—all-natural substances of your planet. *They* were the gods and religions of the time. Do you understand? (Yes) ... because without that understanding, there would appear to be no purpose for these stones.

George: I believe there was an energy connection as well. Avebury, for example was built at the centre of the major ley-line that runs through the country.

Yes, Yes, but what you call 'ley-lines' to the people of that time, was just a natural energy. It had no name, but the people, mainly the people who were involved in the construction, realised and utilised these energies. All of this energy would have been worshipped by those creators, because they were helped and given the knowledge that was necessary for the creation of these areas of stone.

Sarah: Those visitors you said that came and helped with the stones; why would they have wanted to build them? Did they also worship the elements?

They would have used these as ... if you take today, if you have one of your aeroplanes, you look for what you call a 'runway'. These stones were used for a purpose: they were used for the time of the sun and the moon in order that these people could come to you, to your earth and teach.

George: Yes, so the energy associated would have helped in, shall I say: the arrival of spaceships.

Yes, of course. Yes, it is (*was*) much more widely known in those days long gone that other creatures existed from other planets, from other times, and their superior knowledge would have been used to help mankind in his 'religion' as you call it, in the worship of the sun, the moon, the earth, and of course, what is the earth if not the stone upon the earth.

Sarah: So, they used the stone circles, so that they could come to visit us, but what was their purpose in visiting us? Just simply to make contact?

Of course, their knowledge was greater and always has been. Your Earth planet is very young, as far as creation and *time* goes...

(Agreed)

...in the same way as your Christian religion is young in the table of religions.

George: Yes ... with the Gobekli stone circle complex, there is a radio carbon dating for that one. I think it is 12,000 BC.

I tell you no, it is slightly younger, yes ... or *older*, how would you say? ... *Longer* in time.

George: Oh ... it goes back a little further in time?

Yes, yes.

Lilian: I was wondering if the people on Earth would have looked on the visitors as um...
...Would quite happily accept those of superior knowledge—yes, and at that time they would have come to them in the same physical form.

Lilian: Yes, because they wouldn't have been frightened—the earth people...

Of course not, no, because it was much more natural then; it is only as time has progressed, and man has allowed his thinking to become blurred and altered, that *the fear* has crept in and allowed mankind to be *fearful of life*...

(Agreed)

...fearful of natural energy, fearful of so many things.

George: Perhaps, this is why some of the circles seem to have been deliberately earthed over.

Yes—there I have to explain this a little to you. There comes a time in man's evolving, when mankind becomes neglectful of the true purpose of his life. There comes fear, there becomes envious feelings for his brother in life, and those who help to create, felt that the time was not right for true explanations. And that is why, as you have mentioned now, the discovery of another circle of stones. The time *NOW*, the time since I came to you, is the time for re-opening knowledge, for allowing mankind in all his education, in all his understanding, in all his creativity with *modern* science, to re-discover the truth and why these things existed. Mankind is becoming more open-minded, more accepting of what was and what is to come.

George: Yes, that is much appreciated that there is the move in that direction.

And do not forget that in this day and age of your existence, you have been given the knowledge to *look into* any parts of your world history, to find these things, to understand for yourselves; and do not forget you have free will to either accept or decline the facts that are placed before you. That is my wish for you; it is better, my dear friends, that each one of you takes the information placed before you, that you dissect that information and then you come to the conclusion that sits most comfortably with you. In that way you can then move forward to new areas of discovery. But what I would say to you, my dear friends: what is more important to you? Although your history is rich and you try to understand your world in past times, I would say to you that those times are passed. I would say to you: look forward, look to what you can achieve, be as those visitors those many years ago, be the ones of knowledge and understanding, be the emissaries of spirit that you have already become, and take forward that knowledge.

George: Yes, I think that almost gives us an impetus to *go forward (Yes)*, to know of these matters in the past **(Yes)** and then to know that Earth has received the visitors—and these stone circles in some measure are evidence that this has happened, and this I'm sure can help us all to move forward, with that knowledge.

Yes, take it as your evidence of existence, as you would *any* structure of the past that remains. It is part of time gone by, although it always will be. But you have been given from our world the knowledge and the detail, if you so desire. But do not allow yourselves to become trapped by what has gone before. History is part of your world, but it is only a very small part. You should be looking forward, but as I have said to you: it is up to each and every one of you because of your free will.

George: Yes, a number of scientists have looked at the circles and have worked out that there is the calendar **(Yes)** and bodies-in-the-universe connection, but they've been most reluctant on the whole to make the other connection, with visitors from elsewhere.

Yes, and that will take some time to change. But for those of you with open minds and hearts, then you have to accept that it is proof of their part in your world.

George: Yes.

Sarah: Going back to those visitors, you've said that they came back in human form. Did they change into human form when they arrived, or are they similar to ourselves anyway? **Because of their knowledge, they are able or were able, to transmute their appearances; in the same way as the angelic beings in our world can also do that. Their ... it is a race that was able to do this in order to do the work that was necessary.**

Sarah: So, are they no longer in existence, that particular race?

That particular type of person would not be inhabiting human form in this time of your existence, no.

Sarah: So, if we were to have visitors ... well, we *do* have visitors I know now ... but if they were to show themselves...

...As they are...

...They wouldn't change anymore?

No, they could not change.

Sarah: Ah right, thank you.

You are speaking of quite a progressive part of your history. At that time, many things were happening. But of course, the people in your world, so long ago, before your Christianity, did not have the intellect to do much thinking for themselves. As you know, in times gone by, many races have drawn pictures in rock. So, you see the importance of the stone and the rocks of your world; it has *many* uses and that is partly why, because it could be seen from so far, by so many, not only for the visitors, but for their worship; but they were people of poor intellect—you must remember that.

Sarah: Poor intellect, but unafraid.

They were unafraid, because it was *natural* to them. There was no one to say, 'that cannot be happening', because they could sense and feel for themselves.

George: Yes, they would have sensed and felt more strongly than many today perhaps.

Yes, although I say they were not of great intelligence, in fact they were much closer to their own spiritual selves—yes, of course.

Sarah: And because we have moved away a little bit from knowing our spiritual selves, have some of the visitors that we might otherwise have had, been put off from coming here?

There will always be those who are interested in your planet, only in as much as they feel they need to *help you*.

Sarah: Ah, right.

Yes, Yes. You know very little, actually...

(Said with amusement and followed by our laughter)

Sarah: And these people, if they do come, they would be able to help us, would they? They'd like to help us, but *can* they help us?

They could inspire and help you, yes. That would be their purpose.

George: But today, they would not be relying on stone circles to assist their travel?

No, because they have progressed onwards from that.

George: They have progressed, yes.

Yes, their entry into your world has changed. As all things, it has to evolve in the same way as you have evolved over many thousands of years.

George: Yes, so it's almost as if the stone circles are a piece of obsolete machinery.

Only inasmuch as they are a part of your planet's history.

George: Yes.

Sarah: As are the pyramids, because they were used for space travel (**yes**) and that probably wouldn't be any use anymore either.

Yes ... they are younger in age, but that explains why there are so many stones all over your world, not just in one country or one place.

George: Yes, they're not always in circles, either.

No, that would depend so often on the sun, the moon and the elements.

George: Yes.

Remember too, they all were places of worship, so you would have that diversity of shape.

Lilian: Some people believe that the stones give healing. Would that be the energy from the stones?

All things have energy. It is a myth to say things do not have energy. Everything on your earth is energy; some more dense than others, of course and your stones and rocks are *dense* energy.

Sarah: Referring to Stonehenge, they say the rocks actually came from Wales, which is quite some distance...

Yes.

...So that was probably helped by the space visitors?

Yes, they would have chosen where to excavate for all of these things. They would have been inspired also, and there would have been many, many men who would have been used for this purpose, and all the technology of that age would be used.

Sarah: Would they have used de-materialisation?

That is the purpose of the visitors to help, yes. That, as I have said at the beginning, would be the part that your historians or scientists today ... that would be the part of the construction that they would find difficult to believe.

Lilian: I'm sure they would!

But I assure you it took place. It was *easy* for those people who had that knowledge to help in that way.

Sarah: It seems an enormously long way to bring those huge stones overland.

Yes.

Lilian: When you think what we've lost!

(Agreed)

George: I think I'd be right in saying that the Avebury Circle at the centre of the energy line (**yes**) ... the earth energy would have been greater at certain times of the year, and many people would have congregated there, and utilised that energy, probably for their well-being.

Yes, yes ... that is why these places were used, not only as places of what today you call religion, but also places of sacrifice to their own gods. Yes, they would use all these energies and within a circle, or as near as possible to a circle, anything that connects, is indeed a circle, whether it is of a circular shape, would create stronger energies. And you do have to try to understand that the forces within these stones do indeed create much stronger energy and that is what the people could feel. People in your world today can

also feel these energies, can touch these stones and feel the energies, but the people of those earlier times were much more in tune to what was around them—yes.

George: So, the stones would be like a point of focus for the energy, bringing it together and concentrating...

Yes, in the same way, as people today in your Christian religion, would use their crucifix to feel some energy from it, or that they, in their churches today, feel the energy of their priests, or vicars, or rabbis—it is in an enclosed space. Can you not see the correlation between your churches and temples today, where people are gathered together in a small space, and how that energy rises, especially when they sing? This is the energy the people could feel within the stone circles when they worshipped. When it was used for their worship, they could feel the energy from the rocks and the stones and the ground upon which they walked.

Lilian: They would feel uplifted, probably.

Yes, I am sure each one of you within this room has walked upon the grass or the earth of your planet and felt great upliftment, have you not?

All: Yes.

That is why you find your young children like to run and feel the energy from the bottom of their feet, although they do not understand it as such, that is what is happening—they are absorbing the energy of the earth.

George: Yes, that's an interesting analogy between the church and the stone circle.

Yes, it is just a different time. Has that helped you in your understanding a little?

George: Yes, that's most interesting, and I'm sure there'll be many who will read this on the website and find it of great interest.

But as I have said to you: there is more to be uncovered and it will. And I have to say that in this time of your evolution there is no greater time than now for mankind to at last understand himself.

George: But as you say, we should see this as a device for helping us to look forward.

Look forward, yes, it is the proof of time gone by, of course, and you will be interested.

But, my dear friends, please do look forward, look to what you can achieve today, and who knows, perhaps, in another 10,000 of your Earthly years, people of the earth will look back to this time, and say, 'it was an era of new beginnings!'

George: Yes, and as you very heavily imply, there's a huge gulf between the consciousness of then and the consciousness of now.

Yes, there should be no reason for them all to be filled in and kept to be discovered, because you *do* have that free will *now*. And you have the ability, you have the knowledge, to take it to others, to spread what you know and feel to be true. We can ask no more of you, my dear friends, other than you be true to yourself—and that is spirit. You *are* spirit and you must always remember this.

And now, I feel, for this time, I will take my leave of you. I hope you take something from these words this time.

George: I was going to say as ever we have much to think on (**Yes**) and much to present to others, and we are most grateful.

George's Notes:

Some of the points made:

Christianity is such a young religion

Church energy compares with stone circle energy

Stone circles are evidence of UFOs and of spirit

*Gobekli Tepe was earthed over through fear
There is no greater time than now for humanity to understand itself
Consciousness of then and now are poles apart
Spiritual methods of stone working are not accepted or understood by the majority today
And it follows that the published work of Erich von Däniken describing artefacts of likely
extra-terrestrial origin should be taken seriously.*

Memories of a hunter-gatherer.

A message from a time when our Earth planet was truly at peace and in complete harmony with nature. (8/3/10)

Memories of a hunter-gatherer.

After a silent sit of 30-minutes, Lilian approached Sarah:

Lilian: Hello, welcome to you.

Good evening to you all.

All: Good evening / welcome.

It has been some time since I came to you and I have waited for an opportunity to bring to you a little more information about the time that I was here on the planet that you now inhabit. The world has changed much, both in a visual aspect and also the spiritual energy—that is much weaker than when I was here.

Paul: Was that the time of the Egyptians?

That was one time that I was here, but I am now talking to you about another time of my visit to the Earth planet, which was before the Egyptian time. This planet was only inhabited by fewer humans, and I would say that the ratio of animals to humans was like—I am trying to say that there were as many animals of one species, as there were humans of one species.

Lilian: So the world would have looked a very different place?

The world is completely different.

George: Yes—I think you are speaking of a time very much in the distant past—perhaps before we had recognisable civilisations.

I would say that mankind was also of a different shape to today's man. In fact, I could possibly say that I cannot find much in common with that time of my life.

George: We have a period that we now look back on as our Stone Age, when implements were fashioned in stone.

I am not sure that it was even that time.

Paul: Further back, maybe?

It was a time when mankind was in complete harmony with nature and with the animals that roamed the wilderness. It was a time when all beings were content with what they had.

Lilian: At that time, would you have been aware of other planets and would you have had visitors from other planets at that time?

No, we were not aware of any extra-terrestrial beings, but we were aware of a complete joining-together of all that existed. We were able to live in the knowledge that life was

indeed a gift for all, and it was to be respected. We did not hate anybody or anything, but lived in a simple manner, and, although we did indeed kill some animals for food, this was not done in a vicious way or with unkind intent, but simply one that was of necessity for life to continue.

George: Might I ask, did you use fire to cook?

We did not use fire, but we had a system whereby we trapped the heat of the sun on to stones, and we were able to tear the meat into small pieces, which we placed on these stones. In that way, they became slightly dried and hot, but we did not have fire.

Lilian: So, was it at a time when the planet was mostly tropical?

It was certainly a time—or a place where I lived that was very hot. And we were most fortunate to have running water. This water was found beneath the ground and we had a small hole that was by the side of a rock. The hole was large enough to bring water up in empty shells and coconut shells—so we were able to have the water, and the rocks around this hole were the rocks that were gathered in such a way that the sun was trapped inside.

George: Did you choose black or dark rocks that absorb the heat of the sun easily?

The rocks themselves were quite dark but I do not remember them being black. They were dark—yes—yes.

Lilian: And did you live in family groups?

They were a large group of people—I would say we were perhaps one hundred. But although we were one group, we each lived slightly apart in what you would today call families, but not quite as you have today—because there were not one particular man and wife, as you would say. The mother would indeed look after her children, but if she had too many young ones there were always others to help look after them.

George: So, it was a large extended family system, one might say—

Yes, I would say so. And the large group of perhaps up to one hundred people would gather from time to time at special periods of the year to give thanks, and at this time, others would get to know one another, and a new family would begin.

George: Can I ask—was the spirituality at that time simply an inner knowing, or did you have teachers?

No, there were no teachers. It was a knowledge that was handed down—a knowledge that everybody knew in the community. And it was something that we just knew—but we did not have teachers. We did not have teachers for anything. It was all known by example—and as you say, inner knowledge. So, I can say, we did not pray, but we were aware that we were part of something much greater.

Lilian: It makes one wonder how many lives we have—lots I imagine. You are taking us back to the time that probably isn't remembered. There must be so many lives that we have to go through—

I have been told that this time on your planet was my first visit from spirit, and I have been back many times. This first visit was one of intense learning. It was one of great happiness to me. It was a time of complete harmony, a time I would say, of the most spiritual of them all—one where life did not present friction or difficulties, but merely the—I don't want to say 'struggle'—although sometimes providing complete—I cannot find the words—but I am trying to say that working-to-live was sometimes hard, but it was a lesson that I needed on that visit to Earth—a short visit I will say, because at that time, nobody lived very long lives.

Lilian: And do you think you will be coming back again?

I think I have had my fill.

(Chuckles)

So I will leave coming back to this planet to my visits to you, if I may—

Lilian: So, to tell us the story of that early life, do you look it up in some sort of record, or do you remember it all your life?

I have asked if I could visit you this time and I said that I wished to bring you some information on life in a previous time, and I have been given this knowledge—this memory, so that I can just relay a few things to you. But I would say, normally I do not have that memory. It is just that I have had some help whilst I have returned to you.

George: Well, it's been very interesting listening to this. In addition to the animals, you had coconuts and probably fruit and vegetables in your diet—

Yes—there were very few vegetables, I would say, as such, but there were many fruits. The vegetables were more on the lines of a few roots from plants, but we did not have vegetables like you have today. There were many berries and as I said, the coconuts, although I would say they were slightly different to today. Perhaps I could say they were a little smaller than today. And we also had a fruit very similar to the banana, but again, it was smaller than the ones you have today and much harder. It was not easy to grow anything, because of the intense heat, so we lived very much on what was available. We were aware that seeds turned into plants, but we were not farmers as such, we were what you would term 'hunter-gatherers'.

(We acknowledged our understanding of the term)

And there were areas of quite dense forestation and within these forests we were able to find food.

George: You say you were a different shape to humans today. Were you smaller and were you dark skinned?

We were indeed quite a bit smaller and yes, the skin was dark, and we were also more bent, I would say. We were not quite so upright as you, and I would say that our arms were perhaps a little longer. But apart from that we were human beings. We did have an intelligence which was quite advanced for that time. Although we had no form of writing, our speech was quite advanced and we were able to make good conversation.

George: And your spirit was strong—

Our spirits were very strong. We were very much able to communicate with all around and when we slaughtered our animals we were able to pacify them before the slaughter (ah—yes). So it was very much a non-violent time.

George: And did you communicate by speech, and did you sometimes communicate silently by mind connection?

I would say that it was not so much a communication to tell somebody something by mind. But it was one where we could pick up feelings and—yes, some knowledge from others, but we did not use it if we were to tell somebody something. But yes, we were aware of that connection with another.

George: Yes, so you communicated the *feeling* in that way—

I would say, yes—yes and not only with each other—as human beings, but the animals we were able to do it with as well.

George: Yes, and did you have domestic animals—dogs?

No—no. We lived, all of us, very free—very unattached. Although we lived in our little groups, there was no binding 'contract' you could say—you were free to move from any group if you wished to, into another—there was nothing to stop you. And the animals, all

of them, were free to roam wherever they wished. Nobody and nothing was fixed—was tied—was made to do anything that was the idea of one other.

Paul: Did you have something equivalent to marriages?

No—we were of course attracted to one or another and those that wished to be together could indeed stay together, but no, we did not have marriages and we did not have chiefs or kings or queens, if you like. We all just moved how we wished to move.

George: Did you paint pictures at all, on rocks?

There was some art form, yes. And this was done with the dye from some plants and sometimes mixed with the blood of the animals; and then we would use the fur from the animals or the bones. Nothing was ever wasted—whatever was killed, everything was used. So it maybe that the bones were used for art—to draw or to paint or they were used in some form of decoration. Sometimes they were used on the body and both the men and the women would pierce some part of the skin and wear some of these bones. So we did try to make the most of everything and tried to make ourselves look as good as we could.

Lilian: So, at that time, were you in contact with spirit as well?

We were aware of spirit—of greater things—of a power—but I think we did not realise exactly what it was (I see). It was something we knew was greater than us. We knew it was to be respected, we knew it was helpful to us, but we did not know exactly what it was. It was a power that would lead us, that would help us, that would calm us, that would encourage us; and it was a power to which we gave thanks.

Paul: Did you have a name?

(Pause)

I do not remember that as such, but I am aware that there may have been a name. But I do not think it was something that was needed—to have a name. It was just what we knew was good.

George: How did you regard the stars in the night sky? Did you think about those at all, or did you just accept as part of the beauty of nature?

The stars were thought of as 'little holes' to let through the spirits of light. It was, as you can imagine, extremely cold at night, and when we looked up and saw that bright sparkle it was as if somebody was telling us: 'Have strength, the warmth will come again'.

(Exclamations of understanding)

Ann: It sounds as if you were cooperating with each other very well. Was it a peaceful time? *It was an extremely peaceful time. Nobody wanted to be greater than another of us (that's good) and we all worked towards keeping alive and being helpful to one another.*

Paul: Were there different roles for the men and the women?

Not really—only those who had children had less time to do things than the men. But I would say, the man and the woman lived very much with the same roles.

Paul: And the equality of roles?

I would say: yes.

Lilian: A most spiritual time.

Maybe the women would do more berry picking and the men would perhaps do a little more hunting. But we all worked together, nobody rested. We all worked together until everybody was happy. Then it would be time to make food to eat, to eat food, to relax and then start all over again. So it was a time of working to exist (Yes). But that was the life! That was what we did.

George: Did the hunting parties carry spears or sticks?

Yes, they had sticks with sharp ends and sometimes, if we had a large animal, they would be able to use part of the bone to make a sharper end to the stick. The bone was pushed into the end of the stick and made quite a sharp point.

(Pause)

I have been told I must return.

Lilian: Well, you've had a long stay. We are very grateful.

George: Yes, it's been a good session and most interesting to hear your words.

(Much agreement)

I have much enjoyed being with you again, and if you will permit me, I would like to join you on another occasion.

(Welcoming responses from all)

I wanted to tell you of another life, but I also have more information on my Egyptian time that I will tell you about again.

George: That we shall look forward to. It's been a lovely evening. Thank you for joining us.

And thank you for having me.

George's Notes:

Location: *Homo floresiensis, Indonesian primate, height 3'7", (100,000-17,000 years ago) – but they had stone implements and used fire. Much further back, Australopiths in East Africa were of very similar stature and did not have stone tools or fire. They were developing to the distinctly more human form Homo habilis, around 5' with bigger brain and more human-like teeth, living 2.4-1.5 million years ago. So it may well be that our visitor experienced early human life as hunter-gatherer in this region—thought to be the cradle of today's further evolved humankind.*

The fire readers of the Black Feather Tribe

A wonderful visitor from the Amazon Basin well before the Europeans arrived. They had mastered almost complete harmony with nature but needed each other to survive. They had mastered the art of reading the flames as part of their spiritual guidance. This is known as scrying and can be done with any suitable object such as a reflective crystal ball, or medium such as flames. (14/2/11)

*On this occasion Eileen was not with us but we received two visitors who spoke through Sarah. Firstly, it was an exercise designed to assist those having difficulty with transition. Circle of light: One spoke through Sarah of another in spirit who would be arranging a 'circle of light'. This would involve both our own energies as well as energies of those helping in spirit. Initially we were asked to give thanks to all those involved. Our spokesperson went on: **You should feel around your heads a slight pressure. This pressure is the concentration of energy that is being given forth for this light circle.***

Pause

And now the circle is beginning to form. It has taken from each one of you a bonding energy, and this bonding energy is flowing through you all and is including all those who are standing by you.

We were asked to create more light by placing our hands together so that the finger tips just touch. And that light was then being distributed amongst the many having still to acknowledge their death and passing to spirit:

She continued: **Those who are near the Earth energy and who refuse to move away. They will be able to see this light, and because it is light that they do not understand on the Earth plane, they will question, and this questioning will help them to move away from their ties on your planet, and to move on in the direction they are meant to go. This circle of light has produced such a dazzling spectacle that it will be impossible for anybody who is looking at it, not to wonder what it could be. This energy can be taken up by those who are questioning, and it will give them renewed hope for a journey they would otherwise find so difficult. I have been asked to come to you by those Gatekeepers who have had so much trouble trying to convince those who have refused to move in a direction that would benefit them. And I am already getting the message that your help is already achieving some success.**

That one was thanked and withdrew; then next, one from an Amazonian tribe from times past spoke via Sarah. The tribe was known as the Black Feather Tribe and they were 'Fire Readers'. He addressed us with a powerful male voice, befitting a chief:

Lilian: Good evening—welcome to you.

I wonder why you sit so. I always had my tribe with their legs crossed sitting on the floor.

Lilian: Yes, I know—we're sat in chairs. It is what we are used to. Our older people find it quite difficult to sit cross-legged, but you never did—

Well—let's put it in a different way—we did not have chairs!

Lilian: Yes, but even in old age you could still cross your legs, and that's what you have always done—

We were very comfortable sitting close to the earth surface and warming ourselves around a fire. In the fire we could see many things. Much was given to us from the flames. We could always be prepared for anything that might not be as we would wish it. And the flames would give us a warning to any danger that was likely to befall us.

George: So, the flame was an aid to your meditation—could we put it like that?

Slight pause

I would not quite put it like that, because we were not seeking 'meditation' but simply sitting around the fire as was normal in the evenings.

George: I see—that's interesting.

It formed part of our conversation, and those who could see what was going to happen could then relay it to all in the circle—but there were times when we would sit quietly by ourselves and take stock of what we had done and what we hoped to do; and this I think you would call meditation. But the camp fire was a group exercise—not even exercise—it was a group meeting where we would all join in and be glad for all that we had.

George: Mm, and nice to experience that togetherness.

We were a most sociable group, but we had also to be so, because had we strayed from the group, we would not have lasted very long. Each member of the group needed the others to survive.

George: Were the dangers from wild animals?

—Not only wild animals, but also other tribes. So, it was most important to stay together.

Lilian: Yes—can you tell us the name of your tribe?

We were known as 'Black Feather Tribe'.

Lilian: So, when you looked in the fire, did you see pictures in the fire, or did you just have the feeling of the messages?

The flames would form into outlines of whatever the danger may be. We could perhaps see a spear being thrown and we would know that we could expect some unwanted visitors.

George: Would this have been that part of the world which we call today 'North America', or are you not able to say where this life took place?

I can tell you that the river you know today is—to be the Amazon.

George: Ah—South America.

We had many treks along this river—always going south, because the energy of the river pulled us south. So, I can perhaps say to you that I do not know how far north our tribe existed before they started moving south.

Lilian: This was women and children as well?

This was the whole tribe—always moving south.

George: Did you have canoes or any form of boat that you were able to use on the water?

We did use rafts on the water, yes; but we also trekked many long distances along the edge of the river.

Lilian: And did you use tepees at stopping places?

We did indeed have tents.

Lilian: Did you realise at the time that shape of tent would have encouraged energy?

We were aware that there was a renewal of strength when we entered the tents, but I am not sure whether we actually knew it was the shape of the tent or whether it was just something that we knew: when we went in that we would regain more strength.

(We are aware from several sources that pyramid or cone shapes, such as with Native American Indian tepees, enhances energy)

George: What material did you use for the tents?

The tents were made mainly from the skin of animals. The main skin was from firstly, crocodiles and secondly, from monkeys. These tents had to be sewn together, and we would use some of the very sharp reeds that grew along the banks, as needles, and the vines that grew up the trees for what you call 'thread'. We were in no rush to push forward, so there was much time for renewal of tent skins. This was something which was always, as you would put it, 'on the go'.

Lilian: Did you have horses?

We did not have horses.

Lilian: It was interesting about the tents.

I am being taken to one of these tents now, and it is a reminder of how small they were and how many people sit in them.

Lilian: The whole family in one tent?

It would depend on the family, but I would say there was more than one tent to a family (I see).

George: And was it cool at night—did you need to cover yourselves for sleeping, or was the tent by itself warm enough?

Sometimes it would get a little cold, and then we could use the tents that were being prepared, as covers. So, there was always a use for them whilst the work was in progress.

George: And what did you use for food. Did you use the animals and fruit?

It was mainly the fruit diet, but we did manage to catch some fish from the river, and we also ate the monkeys that we caught.

Lilian: Did you grow vegetables?

We did not grow anything because we did not stay too long in any one place.

George: So it would be a jungle situation and the jungle provided, and you kept moving through it—

That is correct, yes, and we also trapped birds which we also ate, but the main purpose of this—or should I say—the by-product was the meat, but the prize was the feathers. We prided ourselves in making our headdresses from these—most alluring—especially the men folk. Yes, it was hard work, but I would say: a most fulfilling and happy time.

Lilian: So money was never needed as we have today and that was a good thing.

No, we did not have any, and we did not exchange goods with other tribes either. But sometimes, if we were attacked and the tribe were to lose, we would collect what they could not take back with them.

George: What would be the purpose of another tribe attacking?

Now, I look back, I can see it was 'fear'. But at the time, we just knew that if we got too close in our movement south, to another tribe, they would think we were attacking them.

And it is most difficult when you do not speak the same language (yes). You made yourself understood that you do not wish any harm, and sometimes you have to defend yourself.

Paul: Did you get ill much, or were you a fairly healthy tribe?

We were most healthy. Very rarely did we get ill.

Paul: And did you have a medicine doctor in the tribe, you saw if you got ill?

Yes, there is always one who looks after the sick, and there is always one in the tribe for every aspect of life—for those who have questions—for those who provide the food—for those who wish to help with any work that has to be done. Each one had a post, and everyone was able to be advised.

George: Were these people who had knowledge in this way—are they also the people who could see things in the fire?

Everybody could see in the fire. It was something we—we all could read in the flames, yes.

George: So, some in the tribe were simply recognised as having this knowledge or this skill?

Ann: Everyone could read the flames.

Yes, the flames were our friends. They were almost part of us. It was something we could all do, but not everybody saw the same thing at the same time, but each could read the flames.

Lilian: How did you light the fire—stones or wood rubbed together?

Yes, we used to rub wood together, and because there was so much dry material, it was very easy.

(It seems they did not preserve fire or transport it with them because it was so readily produced by rubbing sticks together)

I think it is time I returned, but I have been most happy to speak with you.

George: Well, it's very interesting to us to have your description of how things were, living with the tribe. So, you've advanced much further in spirit now and you are able to look back and understand how things were at that time?

Yes, I can see some changes, but when I return to the Earth planet, I become aware of how it used to be. It is a nice feeling, but at the same time I am ready to return back to where I belong now.

George: Yes, I thank you for being with us. We've much enjoyed this meeting and your words. It's an education for us. Thank you!

It has been my pleasure, and I would like to offer each one of you one of my black feathers.

(Thanks, from all)

Lilian: When we see a feather in the garden, we'll think of you.

I have put one in each back-of-your-head, to sit there, but I have not given you a band that goes across your forehead to tie at the back where the feather sits, because I do not need a leather band any longer. The feather sits most proudly, and it will send you safely back home when you return.

(General thanks)

Lilian: Please come again another time.

George: Yes do.

I will not say no.

George: You will be most welcome to come again, and is there a name that we can remember you by?

(Pause)

I am not aware of the name I used to have.

Lilian: If we say 'Black Feather', will that do?

I was about to say that you could call me 'Black Feather', 'Black Feather from past'!

(Thanks—wonderful!)

George's Note's

Anthropologists would no doubt find this type of material to be of great value, if of course it were generally accepted and fashionable to involve the ongoing lives and ways of spirit. We have received a number of such accounts through the years from Africa, the Americas, Atlantis and hunter-gatherer peoples.

[An ancient builder of houses](#)

A communicator came through Sarah about building in ancient times. (10/10/16)

I am happy to be with you today.

Lilian: We're happy to have you.

I am being brought to you because we are able to give you information about these dwellings. They were built with help from the spirit world. It would have been most difficult to have been able to build the way they did without help from spirit.

Lilian: It was certainly very high ground that was for sure.

Those people who lived in those dwellings were advanced beings who had returned to this Earth planet on many occasions. They have since returned to a spirit and will most probably never return again to this Earth planet. They were able to finish their earthly lives on this last visit. They were known to each other from many previous lives, and this was their final visit.

Paul: It must have been a very special gathering of advanced beings then on the Earth.
They were aware of much more than you people at this time on planet Earth. They are helping with those who are trying to advance themselves in spirit and that is now their mission. There will be some more information that mankind will find about these people—but not too much.

Paul: Did they have a specific name these people?

They were known as “koltich-ka”.

Paul: Thank you.

And, this one who asked about the language, she is correct; but, this language was also spoken in other parts, not just in that one particular dwelling place, but it was also taken over and the language has disappeared.

Mark: Is there is another language that it was closer to that’s still around?

That language has completely disappeared and it was quite different from any other that was spoken in that region; and there is now just a message from the chief of that dwelling and he wishes to let you know that we on this planet here—I say ‘we’ because at this moment I am here, but, he wishes to let you know that what you do find out about that people and the buildings, will be of great use to you in this modern time.

Paul: Ah thank you, we will do our best to collate all the information we can.

It will be your scientists who will be giving out this information.

Paul: Ah right.

And now my message has been delivered, I will return.

General thanks