

Salumet and his teachings

Introduction

Salumet is an Ascended Master from the Angelic Realms. In June 1994, he made his first communication to a long-established healing group, as had been promised during the previous months. The leader of the group, Leslie Bone, or just Les, was himself an experienced medium. Sadly, he died in late 1999 at the ripe old age of 96. A lot of preparations were needed from both the Earth plane side of things, but also from Spirit World. At the time, Les led several groups, mainly for rescue work, but in the background, Les had another ambition, and that was to establish Direct Voice communication. Interestingly, Direct Voice was never achieved by the group, but what did happen was twenty-five years of the most wonderful spiritual teachings from Deep Spirit. In the spring of 1994, one of Leslie Bone's groups was selected for the arrival of Salumet, so when that first Monday evening arrived, there was much anticipation and excitement. In hindsight, nobody really understood the enormity of what was about to happen. From this very first meeting, the richness and power of Salumet left the sitters in awe. The excerpt below details his very first words. As with all the teachings, Salumet's words are shown in **bold**, as he channelled through Eileen Roper, herself a trance medium. The word 'he' really has little meaning as ascended masters do not demonstrate any physicality. They are beings of pure, refined energy, far beyond our understanding. These are Salumet's very first words:

I am Salumet. I have waited a long, *long* time to come to you.

Les: We're very pleased to welcome you.

I don't have complete control yet, but I am happy to use this one now. (*Eileen*)

Les: Thank you very much, we're all grateful to you.

Forgive me if I seem distant, but it feels a little uncomfortable at the moment.

Les: I'm sure it would do, I quite understand.

I am clearing some vibrations from me, do you understand this?

Les: Yes I do thank you, and we take it that you will now be giving the information that has been promised?

That is why I have come. You can expect more now we have sorted out what we need to.

Les: Thank you very much indeed. We look forward to hearing—we have been promised much wisdom.

We are happy to use what is available to us. It is a necessary part of the work and now we are able to use you *all*.

Les: Thank you—we do thank you most sincerely for your coming. We have been waiting a long time, as you know.

Many changes have been taking place, as we have told you. All aspects of communications, you will find to be different in the future. Bridges have been built between us, to make things simpler than of the past. We are happy to know instruments (mediums) are prepared to be used more *all over your world—all over your world*.

Les: Yes, it is necessary, it is badly needed.

It is happening. We are reaching the point, where your world will, WILL be a better place. Do not doubt those words. It may seem that cannot be so. I am here to say it will be, WILL BE!

Les: Yes we understand, note your words and believe in them.

We have much to teach you. Your world is still in its infancy when it comes to communications.

Les: Yes, we *think* we're clever, but we *know* we're not.

That is indeed words of wisdom. We shall endeavour to teach, to guide, to inform and to show you great *Love*.

Les: Thank you, you should know everything will be recorded, to pass on to others.

We know this will happen and I can tell you now, areas of communication are finding new pathways to connect us. We will use any means available.

Les: Good, that's splendid to hear. And we will certainly do all we can and continue to work in this way.

There is much your Earth has to learn.

Les: Thank you.

I will leave you for this time, but we will be returning now on a regular basis.

Les: Good, well that really is wonderful news. May I ask you once again to give us your name please?

Salufet—fat (*power fading*)

Les: I can't tell you how happy we are. Thank you and God bless you.

The group ended up selecting the name, Salumet, which was deemed acceptable to him. We have been told many times, that names in Spirit World are not really needed, as others are recognised by their energy signature. Salumet felt particularly uncomfortable on this first visit, because the energies in deep spirit are far more refined than on Planet Earth. Indeed, the energies on this planet, as we were to learn, are very dense indeed!

In later discussions, we learnt that the group was chosen by Spirit World very carefully. This was no easy task because humans have strong freewill. Getting everybody together at the same time must have been very difficult! Ever tried to organise a surprise party? Over the years, the group has had many members, who have come and gone, but even now, after twenty-five years, there is still a handful of original members. The group consists of people from all walks of life. No members are famous and at the risk of offending, we would have no difficulty in considering ourselves to be quite ordinary and down to earth. We are human and like all people of this Earth, we demonstrate typical human frailties. It is the blending of energies, the commitment to spiritual growth and knowledge that has unified us and kept things going forward for so long. The reward has been the most enlightening teachings for which we shall be eternally grateful.

Out of interest, the group meetings have always been quite small, typically ranging from between six to twelve. Our rather small houses could not take more! The Salumet group a 'closed group', meaning that all visitors, or those wanting to join, could only attend with Salumet's permission. Not all people are ready, and the wrong persons or 'energies', could be disruptive to the work. For this reason, not all have been accepted.

It is no exaggeration that Salumet's teachings have transformed our lives for the better. Once the knowledge and understanding starts to be taken on board, it is difficult to look at the world, and world events, in the same way. Salumet has helped us towards the goals of unconditional love, living in the moment, understanding that we do not see the wider picture so we can never judge, patience, the development of mind, understanding that our thinking is the most powerful force that we have, developing spiritual gifts and many, many other topics. As a group, we have come up with questions that are relevant to modern day life, in addition to the more formal presentations that Salumet has given us. Our questioning has included world events, domestic issues, science and technology, healing, meditation, developing mind, relationships, evolution of the planet, forgiveness, angels, the elementals, sleep state, karma, accidents, freewill, ancient civilisations, our soul, even our cosmic brothers in space, and much more. The answers are often much deeper and richer than we could have ever expected. Many misunderstandings about the true nature of our existence, and all that there is, have been graciously challenged and steered on course by our teacher. The fog has literally been blown away, to expose an existence that is far more amazing, and infinite, than we could ever know, whilst living a physical life.

Salumet has only ever used Eileen to channel, although there was some discussion about using Sue at one point. Eileen is a trance medium which means that her mind is put to one side during the session. She has no memory of what has been said using her voice, so has had to wait for the transcripts to be completed, normally a few days later. However, the group members have tried to fill her in at the end of the evening with as much as could be remembered! Trance mediumship is rare, but is essential, to preserve the purity of the teachings. In fact, it would be fair to say without Eileen, there may never have any teachings from Salumet in the manner that we have enjoyed. In addition, the group has been blessed to have several other experienced mediums, making the evenings rich and varied. Also, members not used for speech, have been utilised to help build up the necessary 'power', so it really has been a team effort!

The Salumet teachings are from deep spirit or angelic realms. This has meant that the source of information has been about as pure as it is possible to be on this planet. We have noticed that some of his teachings do not necessarily agree with what is offered by the Great Religions, or other authors of spiritual knowledge. When asked about this, Salumet has always replied that the answers he gives should not be accepted until such time as we feel that we can. He has also said that other sources of knowledge may not be from deep spirit, but were nevertheless offered in all sincerity, by helpful souls giving what they knew. This does explain contradictions, and is easy to understand, when we consider that we do not become instantly all-knowing, and infinitely wise, when we pass to spirit. This takes eons of time!

Salumet has encouraged us to extend the knowledge to others outside the group who are willing to listen. George Moss, who died in 2017, and a very long-standing member of the Group, asked many of the most searching questions of Salumet. His background and degree in chemistry and science in general, gave a wonderful balance to our questioning of Salumet. As was said earlier, the group is from all walks of life and so the questions have been from all walks of life. George went on to write several books inspired by the teachings. He also wrote many articles and even appeared on the radio to share the

knowledge. In addition, there is a website called 'Salumet and Friends' where a bank of transcripts have been assembled spanning the entire twenty-five-year history of the group, together with audio files and much more. All is freely available to those who are interested to accessing the answers to all those niggling earth-plane questions.

As it stands there are now over three thousand pages of A4 teachings in the collective transcript file. Quite a substantial part of the teachings shows repetition and revision of old teachings, not least because of our poor memories, but also, as new members have joined, old ground has needed to be revisited. This has been not bad thing as we have all benefited from timely reminders by Salumet concerning what we have forgotten. He continues to be aware of our daily lives, so his patient and timely reminders have been gratefully acknowledged. However, Spirit World is not allowed to interfere directly with our freewill, but Salumet does gently remind us of the knowledge given, often through subtle influence.

With a view to allowing others from outside the group to have easier access to the huge breadth of the teachings, in 2018 a member of the group, Graham, asked Salumet's permission to precis and collate the teachings under specific topic headings. This was given, and what follows, is the result of this extensive project. Obviously, not all has been included, but the most important aspects have been addressed. Where possible, this summary has been created using Salumet's own words, and those of other communicators, in order to retain total authenticity. A requisite, as was stated on the 18/3/96, during an exchange between Les and Salumet, that not just his words should be used, but from all those attending! This conversation has been included below to give a little more background which has already started to come true. Some of the content has been abridged for ease of reading.

Les: A communicator gave a talk, saying that your name would go down in history. I could only see that happening, by virtue of what we are able to pass on and acknowledging your teaching.

I will say only this: If the knowledge I bring is given to others, if that is what you would interpret as 'going down in history,' then I will go along with you. But I would say this to you: That is not my purpose, that is not why I come to you. If you so desire, in time to come, when more knowledge is given to you, if you so desire to use this name I have given to you, then I do not object, but it will not change or alter, what we need to give to mankind. What is in a name?

Les: Yes, I know it wouldn't bother you one way or the other, but I know that any information that we do pass on, must be acknowledged as coming from you.

If each one of you gains a little in knowledge, grows in spirit, feels that my time with you has been useful, then I am happy to go along with whatever you feel. There will come the day, I know, when the gentlemen who writes across the room (George), will wish to use the name.

Les: This is for you George.

George: Yes.

I do give you all of my blessing, provided that the words written, are indeed what comes from us all. You understand?

George: Yes, that has been on my mind, thank you.

A list of ninety-four topics has been collated which can be accessed on the page called, 'The Teachings of Salumet'. They are presented as a column, in alphabetical order, which should speed up locating the topic of interest. Probably the most important topics, at least to begin with are 'Truth', 'Love', 'Mind', 'Spiritual Growth', 'Thought' and 'Non-judgement'. All the others could be read in isolation or as a follow-on from the core topics. The choice is entirely yours as everything is touched on repeatedly anyway.

You will discover that there is a lot of overlap between the subject areas as everything is interlinked. This is great for reinforcement and the deepening of understanding. A few topics, such as Love, appear in more than one place, as it was tricky to choose between two headings. You will also discover the incredible consistency in the teachings, with the same topic covered often from different angles, but giving the same message. Salumet agreed, when suggested, that he had used a spiral approach to teach us, meaning that each time he has covered a topic, more information was given. This has been in response to us growing in our knowledge and understanding.

Before finishing this introduction, a huge vote of thanks needs to be expressed to Leslie Bone (the founder and chair of the Salumet Group); Eileen Roper, for her trance mediumship of Salumet and other communications; George Moss, Paul Moss and Sarah Duncalfe for creating the transcripts through all these years. These collectively are the product of thousands of hours of transcribing on behalf of us all. A special mention also of Lillian, who later chaired the group after Leslie Bone moved away for retirement. I would like to give another special mention of Sara Martin, who has beautifully illustrated some of Salumet's most engaging quotes which are scattered amongst many of the teachings. Sara has also composed a considerable collection of piano music and songs (five styles of piano ranging from Baroque to classical to modern through five guides) which in due course will be shared here and you can find her albums which she is beginning now to release onto Spotify and other streaming platforms (Sara Jo Martin), and on YouTube. She has been 'receiving music and inspiration' from spirit since the age of 14 and has worked to develop this gift over many years and she has played much of it in public and now is sharing it all globally. Finally and by no means least, a huge thank you to the other members of the group, who have also channelled, asked hundreds of well-considered questions, and helped provide the necessary energy needed for the channellings.

Graham Martin